



Academic Year: 2021/22	Total fund allocated: £22,607.23	Date Updated:	July 2022				
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school							
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:			
PlayMaker Award - Sport Ambassadors PlayMaker Award Training and resources to develop communication, determination, responsibility and self-esteem as well increasing physical activities. Subject leader and identified staff to support and monitor impact.	have responsibility and opportunity to use skills taught. To lead more structured activities for KS1 children.		due to staggered play and lunchtimes that were implemented in school. However, Sport Ambassadors helped to run competitions throughout the year, especially those ran by Diane Penn from Edsential. This involved refereeing matches, supporting and coaching younger children who took part, helping to set up and model activities/sports and keeping scores. Sport Ambassadors	during the end of Summer 2 term to speak to and promote being a Sport Ambassador to our current Y5 children. Those interested have written an application to be chosen for interview in September 22. Children will then be selected to undertake this training in Autumn 1, 2022 and deliver physical activities on the playground. Sport Ambassadors will be able to take an earlier lunch next year, so they can work with our younger children at lunchtimes. A timetable will be set up so different Sport Ambassadors are undertaking			

Key indicator 2:	The profile of PE and sport being rais	ed across the s	school as a tool for whole school imp	provement
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Personal Best Programme to be attended by 100% of children identified (Edsential) Pupils to demonstrate improved self- confidence, resilience and attitudes towards being active. This programme promotes the power of being physically active and the children achieving their own personal best to make positive changes to their own emotional, social and mental wellbeing. MADFitness FAN Days	Edsential staff, focusing on targeted children to improve mental well-being, physical fitness, confidence, resilience and self-esteem and enjoyment of physical activities.	£890	Personal Best Programme ran during the Summer 2 term for 5 weeks. Children identified by teachers were lacking in low confidence and self- esteem in PE, were below ARE or were less active than others, needed to build resilience or self-belief or struggled with weight management. Feedback from Edsential staff and analysis showed an improvement in resilience to keep trying when things were difficult, self-esteem and feeling more confident and a more positive attitude towards physical activity. Following the programme, 79% of pupils said they kept trying when they found things difficult, an increase from 42%. 66% said they now felt more confident carrying out physical activities, an increase from 42%. 83% said they like to take part in physical activity, an increase from 58%	Continue to use Personal Best Programme to target identified groups of children.
Fo promote and raise the profile of being ohysically active and maintaining a healthy oalanced diet.	Health and Awareness days for all children and staff focusing on a specific theme relevant to each year group.	£840	Y1, Y3 and Y4 took part in 'Move, Eat, Learn, Sleep' workshops, which was a theme based around how movement, food, education and sleep all link to create healthy and active lifestyles. Children now have a better understanding that to move well, they need to be fueled. They understand that food helps with their learning and education. They know how sleep can	Speak to teaching staff about areas of learning their year groups will be undertaking throughout 2022-23 and link it to MADFitness workshops available. Provide staff with workshops in advance so they can select what they would like their year groups to undertake. I have also spoken to Carl Sutton from

help to operation their hedies so that Edisontial about them providing some
help re-energise their bodies so that Edsential about them providing some
they are ready to learn and which foods different workshops that are suited t
can help with their sleep. the children at Heygarth. This is
Y2 took part in Fitness and Nutrition something they are going to look into
(Sugar Swaps) workshop, which was a and respond to me. For example, I
theme based on fun ways children stay mentioned a workshop about respec
fit and eat healthy, while also enjoying in football – rainbow laces, taking the
food and lowering sugar intake. knee, respecting the referee etc.
Children now have a better would all be beneficial at Heygarth.
understanding of how long it takes for
them to have an effective workout and
they understand which foods contain
high amounts of sugar.
Y5 took part in Strength (Body and
Mind) workshop, which was a theme
based around how a strong body can
help to create a strong, resilient mind.
Children now have a better
understanding of how strengthening
their bodies can be fun and they know
that mental resilience can be built
through creating a strong body.

	dicator 3: Increased confidence, kno Actions to achieve:	Funding	Evidence and impact:	Sustainability and suggested
impact on pupils:	Actions to achieve:	allocated:	Evidence and impact.	next steps:
Make sure pupil attainment in all year groups is greater than 80% ARE. Improvements in the quality of national curriculum P.E. teaching. Pupils more engaged and motivated to take			89.5% ARE in Y2 79.5% ARE in Y3	To get the full impact of CPD from outside agencies make sure there is consistency with the same member of staff receiving CPD each week. Class teachers and HLTAs to continue delivering in areas they have
part in P.E, which increases attainment. The aim is for all staff to feel confident to	outdoors to enrich and develop other areas of the curriculum.		46.7% ARE in Y5 80.4% ARE in Y6	received support in from specialist teachers/coaches from Edsential, TVA Dance Company and Full of
deliver curriculum P.E. in a range of areas.	All observations of staff teaching continues to meet the needs of the children by July 2022.		Observations and feedback from staff highlighted improved quality of teaching and increased confidence of teachers. From speaking to a range of children across the school, feedback has shown an enjoyment and they are motivated and engaged during P.E. lessons.	Beans. To speak to current Y5 teachers to see what barriers are preventing over half of the year group from
Support pupils to develop independent learning, creative thinking, improve their resilience and create more opportunities for regular physical activity within the school day.	Use Paul McCloughlin to deliver an outdoor curriculum programme.	McCloughlin	Observations and feedback from staff, identified clear improvements in the children's creative thinking, resilience and independent learning.	differentiated outcomes, Personal Best etc. Continue to use and further develop children's independent learning, creative thinking and resilience
Subject leader and relevant staff continue to develop knowledge and understanding of the role and uses this to increase and improve the provision of P.E. and sport across the school	Support and partnership with Edsential to develop subject leadership.	£675	range of opportunities for ALL pupils. A greater understanding of the PE and Sport Premium enables the funding to be targeted and used effectively. Impact of the spending is evident in all other areas of the curriculum including	enhance their own and other staff's knowledge and understanding. All staff to continue to receive quality

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		throughout 2022/23.

Кеу	indicator 4: Broader experience of a	a range of sports	and activities offered to all pupils	
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Opportunities for pupils to engage in new activities. At least 45% of the whole school to have attended at least one after-school club. Increase opportunities for targeted groups (Pupil Premium, FSM and SEN children) to attend after school activities. 25% of the places available are offered to these children first free of charge.	Enhance extra-curricular clubs/provision. P.E. Subject Leader to monitor quality of provision offered by all outside providers and to monitor children attending. Letters via Parent Mail to promote clubs. To target all year groups with a free after school club so all children have the opportunity to attend. Offer more clubs that are free and offer to targeted groups first.	Included in cost of Edsential Service	 152 children = 41% of children from across the school took part in at least one after school club. 33% of PP children have attended at least one after school club. 35% of FSM children have attended at least one after school club. 22% of SEN children have attended at least one after school club. 	another year group next year so we can aim to have all Edsential clubs
To have equipment that allows increased participation during lessons and clubs.	Audit and purchase new equipment as and when required.	£471.23 £1515	Children and staff have the correct equipment so all children are engaged as they are all active/using increased equipment. Feedback from staff shows that lessons are more active and children are more engaged.	Audit equipment and continue to monitor any equipment that needs to be purchased inline with new scheme of work to be used.

Key indicator 5: Increased participation in competitive sport					
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:	
Increase the number of different children who attended these competitions so 20% of children from Y3-Y6 compete at least once. To develop self-esteem and confidence, eagerness to take part again and the positive feelings associated with competing and representing the school.	Subject leader to communicate details of competitions to all staff. Continue links with Edsential and local schools to offer a wider range of competitions. Provide opportunities for children to take part in a range of Edsential competitions over the year. Hosting of Edsential inter-school competitions. To host at least three and attend a further three competitions hosted by other local schools/venues this year (if possible).	Included in cost of Edsential Service	 Heygarth hosted three Edsential events over the academic year. These included Girls Football, Netball and Diamond Cricket. Heygarth attended two Edsential events over the academic year. These included Athletics and Dodgeball. Participation and enjoyment of all pupils. 57 children = 27% of children from Y3-Y6 took part in at least one competition ove the year. Feedback from staff and pupils showed that the children enjoyed taking part in competitive competitions. A number of pupils have demonstrated increased self esteem and confidence. 	schools.	

Key indicator 6: Additional swimming					
School focus with clarity on intended impact on pupils:		Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:	
At least 80% of Y6 to meet national curriculum requirement or better.	Attend weekly swimming lessons throughout the Autumn term. Autumn term is used to target current Y6 pupils who have not reached national curriculum requirements when they were in Y5. Additional swimming sessions provided.	£2,016	69% of our Year 6 cohort met the national curriculum requirement to swim competently, confidently and proficiently over a distance of at least 25 metres, using a range of strokes effectively and performing safe self- rescue in different water-based situations. Feedback and assessments from swimming instructors and staff.	Y5 swimming data has been assessed to see which children will need additional swimming. 33/60 Y5 children met the national curriculum requirement = 55%. 27 (45%) of children going into Y6 will need additional swimming sessions in 2022/23.	